



# BAER MIRIAM COURSE CATALOGUE

2023 - 24

BAERMIRIAM  
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# A SINGULAR GOAL

Everything we do at Baer Miriam is directed towards a singular goal - to enable you grow on your own terms.

Whether it's teaching you how to read commentaries on the Torah, delving into the laws of Shabbos, or even schmoozing after hours, everything is designed so you can tap into your unlimited potential and become the ultimate you.



# CHUMASH

## **Sefer Shemot** **Rabbi Chaim Levy**

Rabbi Levy delves into Chumash and its deep, powerful messages. Take a journey in the basics of developing a conversation with HaShem, analyzing tests of the Dor HaMidbar and relating them to our daily lives.

## **Modern Sugyot** **Rabbi Yehoshua Freilich**

A series of classes on modern day affairs in Chumash. Topics include:

- Permitted and forbidden marriages
- What do you do with birds?
- Rebellious kids
- Abortion
- Slavery
- Mashiach

## **Chumash In-Depth** **Mrs. Esther Solomon** **Ms. Miriam Broderson** **Mrs. Esti Topper**

This tracked, twice-a-week class will focus on text-based Chumash study, designed to give you the confidence in your abilities to read the Chumash and its commentaries well beyond your days at Baer Miriam.

## **The World of Midrashim** **Rabbi Zvi Herman**

From the inspirational to the “controversial,” Midrashim add a flavor to the Chumash that a cursory reading does not provide. Go in depth with lessons that may not necessarily have been obvious from the Torah narrative itself.

## **Parshanut** **Ms. Dina Rand**

Advanced students are encouraged to challenge themselves to read a range of commentaries on the weekly parsha, from Rashi to the Ramban, from Midrashim to Nechama Leibowitz, organized by Dina Rand.

## **Parsha Prep** **Staff**

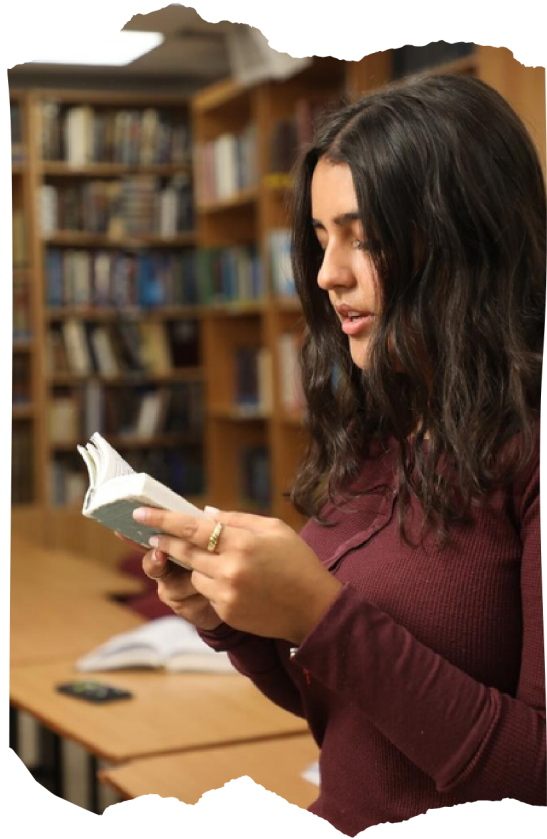
Prepare your own Dvar Torah every week! Students are paired with their peers to learn b'chavruta and prepare an idea from the weekly parsha. They then share their Divrei Torah later in the week, discussing them in a classroom setting

# TEFILLAH

## What is Tefillah?

**Rabbi Yossi Fuchs**

Based on the teachings of Rav Wolbe and others, Rabbi Fuchs offers not only an understanding of what we are saying when we daven but also the deeper underlying meaning of the core concepts of our religion.



## Analyzing the Siddur

**Ms. Michelle Abraham**

Take a journey through the siddur, learning the meaning behind the tefillos and texts that we say every single day.

## Living on a Prayer

**Mrs. Raquel Kirszenbaum**

Discover how to connect to Hashem through davening. Learn the concepts behind proper prayer, as well as the ultimate goal of each prayer and how it relates to our lives as a whole.



## **Nashim B'Tanach**

**Mrs. Riva Sperling**

Explore different female personalities in Tanach, using midrashim, commentaries, and modern sources to better understand and relate to our ancient female role models. Discover your past so you can better understand your future!

## **Advanced Nach**

**Mrs. Esther Solomon**

In this advanced class for Shana Bet, take a journey through the drama of Tanach, learning powerful lessons from the mistakes - and triumphs! - of our forefathers. Who better to get advice from than the kings, prophets, and prophetesses from the Tanach?



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## **Life Lessons from Navi**

**Mrs. Adina Katz**

Get to know the remarkable post-conquest period, in the process of settling in the Promised Land. Get to know inspiring role models models such as Devorah and Chana. Read between the lines the message written long ago especially for each of us today.

## **Five Megillot**

**Mrs. Leah Hasten**

Journey from sorrow to triumph and back again while delving into the five Megillahs. Use each Sefer as a springboard for complex philosophical discussions, from basic Emuna in Hashem, the relationship between materialism and spirituality, the importance of positive relationships, the purpose of exile, and many more.

## **Rus & Esther**

**Rabbi Zvi Herman**

These two Megillot demand our attention as the calendar shifts from Purim to Shavuot. Just before each holiday, go in depth into two of the most well-known - and misunderstood - heroines, using the commentary of the Malbim.

# TANACH

## Minhag, Mesorah, & Meshugas

**Mrs. Freida Elnadav**

Learn the difference between Halacha, Minhag, and Bubbeh-Maaseh! Distinguishing between crucial mitzvos and oddball customs often can make Jewish observance that much more meaningful.

## Yediot Klaliot Rabbi Yehoshua Freilich

Make sure your background doesn't have any holes! Rabbi Freilich covers the general topics that are the foundation of Judaism, ensuring that your Jewish knowledge is broad and rich.

## Life Cycles Rabbi Dov Lev

This course delves into the different events in the life of a Jew, including dating, marriage, taharat hamishpacha, aveilus r"l, and child-rearing! Source and text based along with open discussion and interaction.



## Ashkenazi Halacha Rabbi Zvi Herman

Study a sprawling range of halachos while keeping true to Ashkenazi customs, including an in-depth study of the laws of Shabbos, Kashrus, and other relevant Halachos for the modern woman.

## Sephardi Halacha Rabbi Sinai Yakobian

Go in-depth behind the Sephardi approach to Shabbat, Kashrut, Tzniut, and other Halachot. Learn the reasons behind the traditions from a master of Sephardi Halacha and mesorah.

# Kashrut

## Rabbi Yehoshua Freilich

Learn the complex halachos behind running a kosher kitchen, along with all the differences between the variety of hechsherim throughout Eretz Yisrael. Tackle timely issues like Shemitta, and learn how to take Terumot, Maasrot, and Challah, among other practical applications.

# Laws of Eretz Yisrael

## Rabbi Moshe Lichtman

Learn to love Eretz Yisrael by studying its uniqueness in Halacha, Hashkafa, and Jewish History. Study laws like Shemitta, Terumos & Ma'asros, and strengthen your connection to the Jewish nation's destiny in its Homeland.

# Kibud Av V'Em

## Mrs. Rita Fuchs

The Fifth Commandment is one of the most important - and sometimes complicated - mitzvos to perform. Learn the halachos, psychology, and reasons behind one of the most crucial mitzvos for a child to achieve.

# The Gift of Shabbos

## Mrs. Eli Horowitz

It is a mitzvah that lies at the foundation of Judaism, yet for many of us, our understanding remains at a rudimentary level. Go through every aspect of these twenty-five hours and revolutionize your Shabbos - and your life.

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# HASHKAFA

## **Empowerment through Torah** Rabbi Yoel Lock

Learn how to feel empowered by Jewish religion and thought, instead of feeling hindered by it. Rabbi Lock uses a unique blend of philosophical and kabbalistic sources to highlight the pride we should feel for being Jewish.

## **The Journey from Me to You** Mrs. Ali Kor

Learn to assess yourself accurately and appreciate your potential greatness, using the Torah's ancient wisdom from a variety of texts. Delve into practical tools for existing in a relationship - whether a friendship, child-parent relationship, or a marital partnership.

## **Sephardic Wisdom in a Modern World** Rabbi Chaim Levy

View the modern world through the lens of Sephardi Thought. The founder of GoSephardic, Rabbi Levy provides insights into every-day life, using traditional texts of Sephardic literature to guide growth in modern times.



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## **Fundamentals** Rabbi Menachem Nissel

Address the basic questions of Judaism with a focus on anchoring the ideas into practical living. Topics include: Why Be Jewish, Free Will, The Uniqueness of the Jewish People, Mashiach, Suffering, Lifecycles, the Nations of the World, and the Purpose of Creation.

## **Ta'amei HaMitzvos** Mrs. Leah Hasten

Analyze the reasons behind the mitzvot that we do, uncovering the beauty in the actions we may have previously viewed as taxing and burdensome. Transform Mitzvot done by rote into activities filled with inspiration and depth.

## **Femininity & Judaism**

**Mrs. Eli Horwitz**

It's 2023, and it seems the Jewish attitude towards women has some catching up to do. Or does it? This class goes to the roots of gender way beyond "man" and "woman" to uncover how masculinity and femininity underpins huge areas of our lives and Jewish observance.

## **Ani Ma'amin**

**Mrs. Dassi King**

Build your self-esteem through the middah of Emunah. How do I take my Judaism and turn it into an actual relationship with Hashem? Based on the works of great chassidic and philosophic masters.

## **Me, Myself, & God**

**Mrs. Raquel Kirszenbaum**

Who are you? What is your purpose in life? What's the point of a relationship with Hashem? Discover all this, and more, with Mrs. Kirszenbaum's classic effable style. Feed your self-esteem through the intricacies of Jewish thought and ideology..

## **New Dimensions**

**Ms. Miriam Brunner**

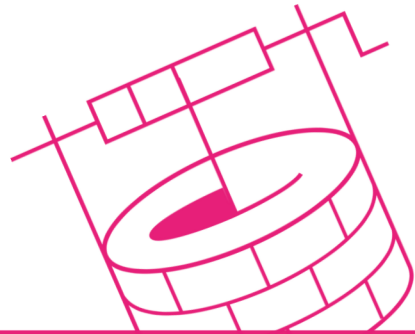
Go deeper into many of Judaism's classic rituals. From Shabbos to Chagim to Challah to Tznius, discover a deeper dimension behind many of the mitzvos and concepts you thought you knew.

## **Simcha B'Avodah**

**Rabbi Yaakov Altman**

Get an inspiration and energy in your daily Avodas Hashem, and increase your emotional health for your whole life. In this class you will learn many inspiring ideas, "Mitzvah-Hacks," and even very deep and practical tools for a successful marriage.





## Rationalist Judaism

### Rabbi Yitzchak Talansky

Analyze the Rambam's unique outlook on Judaism, using his sprawling halachic work, the Yad HaChazakah, and his classic philosophical text, The Guide to the Perplexed.

## Living with Emunah

### Ms. Miriam Broderson

Can you imagine a life with no anxiety? No worries? No stress? That can become your new reality. Delve into the fundamentals of Emunah in an interactive and engaging way, with anecdotes, practical tools and techniques on how to live a happy, meaningful, and serene life.

## Finding your Answers

### Mrs. Ayelet Elnecave

We all have questions in life. Use the Torah to find answers to all the difficult things we might wonder about, like why do bad things happen to good people, why does my religious observance matter, and many other topics.

## Pirkei Avot

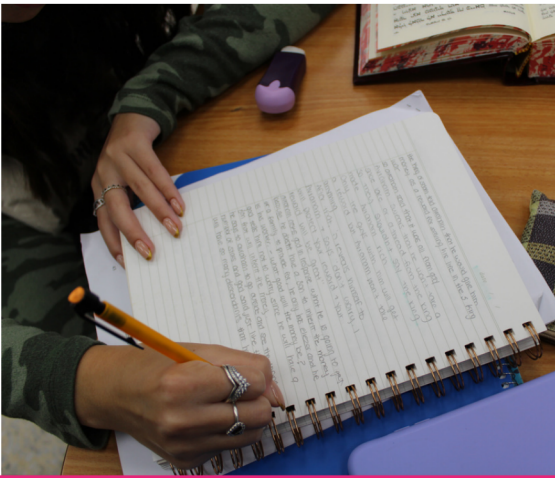
### Rabbi Yossi Fuchs

Dive into an analysis of society, modernity, and tradition, through the brilliant mind of Rabbi Fuchs. Based on the great words of our Sages in Pirkei Avot, this class pulls no punches, discussing any and all topics that the students raise.

## Hashkafa through History

### Rabbi Mordechai Gershon

Learn how Jewish Philosophy developed throughout the generations. Learn where Minhagim came from, Chassidus and its opposition, the history of the Mussar movement, and more.



## **Jewish Philosophy**

### **Rabbi YY Wenglin**

Encounter Jewish philosophy through the eyes of a Harvard & UCLA Law grad turned Chassid. With his renowned personality, Rabbi Wenglin compares Judaism to other value systems and moral codes.

## **Why Us?**

### **Rav Gav Friedman**

What makes Judaism so special? What makes Jews so special? What makes Eretz Yisrael so special? Renowned speaker Rav Gav highlights all the incredible aspects of being born into the Am HaNivchar, the Chosen Nation.

## **Jewish Mysticism**

### **Rabbi Aba Wagensberg**

Learn the basics of what Kabbalah has to say about relationship building, personal growth, and Chassidic Thought. Discuss what it means to be free, what Tikkum Olam really is, and why we should care what Judaism has to say on these topics.

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# MIDDOS

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## **Shmirat HaLashon**

**Mrs. Rena Coren**

Cover the Halacha and Hashkafa connected to Shemiras HaLashon and other aspects of this important but often neglected subject. Consider how we ourselves have been burnt in the past by the careless, or possibly even willful, Lashon Hara, and the affect social media has in this area.

## **Olam HaMiddos**

**Rabbi Yossi Fuchs**

Based off the popular sefer by Rav Don Kestenbaum, this class teaches the students to reflect on their self identity and character. What is the first step in refining our character traits? How do we build our self-worth without becoming haughty? Answer these and so many other vital questions.

## **Social Ethics**

**Rabbi Chaim Weinblatt**

Too often, societal norms seem to go against Jewish ethics. How do we interact with the world around us? How do we know when to defer to societal norms, versus when it's time to stand up for Jewish values? Discuss all this and more in this thought-provoking class.

## **Using Shabbat to Perfect my Character**

**Rabbi Sinai Yakobian**

Shabbat is so much more than a day of rest. Learn the basic lessons of the Shabbat traditions, lessons, and customs, and how they are supposed to teach us how to improve ourselves and our character.



## **Alei Shor**

**Rabbi Hadar Margolin**

A guide to entering the Torah world. How to live life with depth and beauty, and how to attain simcha in a practical way, through the amazing words of Rav Shlomo Wolbe.

## **Tomer Devorah**

**Ms. Devorah Sisso**

Learn how to channel your struggles and mistakes into powerful lessons to transform your character and anchor your self-esteem.

## **Chovos HaLevavos**

**Ms. Devorah Sisso**

What is our obligation when it comes to a relationship with Hashem? Go through the "Duties of the Heart" as it pertains to the modern woman, covering topics like Tefillah, Teshuva, and the famous Sha'ar HaBitachon, the Gate of Emunah.

## **Nesivos Shalom**

**Ms. Michelle Abraham**

Be inspired by the writings of the Slonimer Rebbe as he utilises first-hand sources to both express what we often go through as humans and guide us to open our hearts to who we really want to be.

## **Mesillas Yesharim**

**Rabbi Chaim Weinblatt**

Delve into the classic text of The Path of the Just to learn its deep, eternal messages. The depth of the Ramchal's words echo true today, just as it did over 300 years ago.



# MUSSAR



# WE CAN'T WAIT TO MEET YOU!

