

Baer Miriam Seminary

Course Catalog

'26'-'27

www.baermiriam.com

Check out our website!



SCAN THE QR CODE TO GO STRIAGHT TO OUR WEBSITE, WHERE YOU CAN FIND OUT ALL ABOUT BAER MIRIAM... EVEN TRY OUT CLASSES FROM A FEW OF OUR TEACHERS!!!

A SINGULAR GOAL

Everything we do at Baer Miriam is directed towards a singular goal - to enable you grow on your own terms.

Whether it's teaching you how to read commentaries on the Torah, delving into the laws of Shabbos, or even schmoozing after hours, everything is designed so you can tap into your unlimited potential and become the ultimate you.

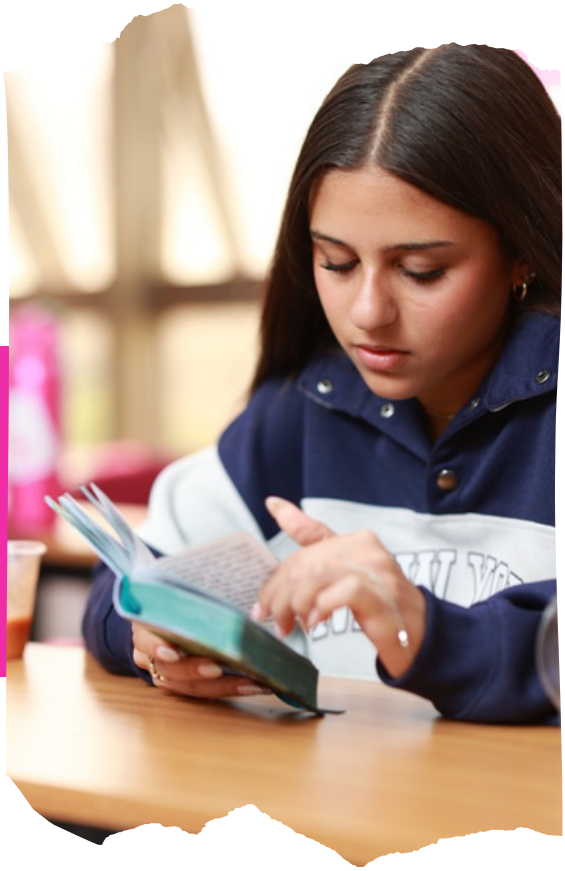


TEFILLAH

What is Tefillah?

Rabbi Yossi Fuchs

Based on the teachings of Rav Wolbe and others, Rabbi Fuchs offers not only an understanding of what we are saying when we daven but also the deeper underlying meaning of the core concepts of our religion.



Analyze the Siddur

Ms. Michelle Abraham

Take a journey through the siddur, learning the meaning behind the tefillos and texts that we say every single day.

Living on a Prayer

Mrs. Raquel Kirszenbaum

Discover how to connect to Hashem through davening. Learn the concepts behind proper prayer, as well as the ultimate goal of each prayer and how it relates to our lives as a whole.



Practical Prayer

Ms. Adira Kahn

Connecting to Hashem is not always easy. Through the medium of the Davening, learn how to shape your relationship with Hashem, and steer it through the difficult (and easy!) times.

CHUMASH

Life in Devarim
Rabbi Yirmiyahu Cohen

Delve into Sefer Devarim and its deep, powerful messages. Take a journey in the basics of developing a conversation with Hashem, analyzing the Mussar of Moshe Rabbeinu and relating it to our daily lives.

Nitzotzos
Rabbi Mordechai Burg

Utilize Torah sources from all areas of our Mesorah to reveal foundational principles and revolutionary ideas that impact our everyday lives. Rabbi Burg presents refreshing and energizing ideas that stimulates the mind, penetrates the heart and nourishes the soul.

Chumash In-Depth
Mrs. Esther Solomon
Ms. Miriam Broderson
Rabbi Zvi Herman

This tracked, twice-a-week class will focus on text-based Chumash study, designed to give you the confidence in your abilities to read the Chumash and its commentaries well beyond your days at Baer Miriam.

Meaning of Midrashim
Rabbi Zvi Herman

From the inspirational to the "controversial," Midrashim add a flavor to the Chumash that a cursory reading does not provide. Go in depth with lessons that may not necessarily have been obvious from the Torah narrative itself.

Parshanut
Ms. Dina Rand

Advanced students are encouraged to challenge themselves to read a range of commentaries on the weekly parsha, from Rashi to the Ramban, from Midrashim to Nechama Leibowitz, organized by Dina Rand.

Parsha Prep
Staff

Prepare your own Dvar Torah every week! Students are paired with their peers to learn b'chavruta and prepare an idea from the weekly parsha. They then share their Divrei Torah later in the week, discussing them in a classroom setting

Seven Neviot
Mrs. Bracha Reis

Explore different female personalities in Tanach, using midrashim, commentaries, and modern sources to better understand and relate to our ancient female role models. Discover your past so you can better understand your future!

Advanced Nach
Mrs. Esther Solomon

In this advanced class for Shana Bet, take a journey through the drama of Tanach, learning powerful lessons from the mistakes - and triumphs! - of our forefathers. Who better to get advice from than the kings, prophets, and prophetesses from the Tanach?



Life Lessons from Navi
Mrs. Penina Savery

Get to know the remarkable post-conquest period, in the process of settling in the Promised Land. Get to know inspiring role models models such as Devorah and Chana. Read between the lines the message written long ago especially for each of us today.

Five Megillot
Mrs. Leah Hasten

Journey from sorrow to triumph and back again while delving into the five Megillahs. Use each Sefer as a springboard for complex philosophical discussions, from basic Emuna in Hashem, the relationship between materialism and spirituality, the importance of positive relationships, the purpose of exile, and many more.

David's Diary
Mrs. Sepha Kirshblum

Learn all about the life and story of David HaMelech, including his struggles with Shaul, his kingship, his relationship with Yehonasan, his desire to build the Beis HaMikdash, and more. Delve into Sefer Tehillim through the eyes of its author, and glean new appreciation for the progenitor of the Mashiach.

TANACH

Minhag, Mesorah, & Meshugas

Mrs. Freida Elnadav

Learn the difference between Halacha, Minhag, and Bubbeh-Maaseh! Distinguishing between crucial mitzvos and oddball customs often can make Jewish observance that much more meaningful.

Laws of Bein Adam L'Chaveiro

Rabbi Jeremy Perlow

One of the most overlooked areas of Halacha is our interpersonal relationships with other Jews! Laws of borrowing items, lending money, and Tzedaka are ony some of the topics that will be covered in this crucial class.

Life Cycles

Rabbi Dov Lev

This course delves into the different events in the life of a Jew, including dating, marriage, taharat hamishpacha, aveilus r"l, and child-rearing! Source and text based along with open discussion and interaction.



Ashkenazi Halacha

Rabbi Zvi Herman

Study a sprawling range of halachos while keeping true to Ashkenazi customs, including an in-depth study of the laws of Shabbos, Kashrus, and other relevant Halachos for the modern woman.

Sephardi Halacha

Rabbi Sinai Yakobian

Go in-depth behind the Sephardi approach to Shabbat, Kashrut, Tzniut, and other Halachot. Learn the reasons behind the traditions from a master of Sephardi Halacha and mesorah.

HALACHA

Comparative Halacha
Rabbi Mordechai Gershon

Learn the complex halachos behind running a kosher kitchen, along with all the differences between the variety of hechsherim throughout Eretz Yisrael. Tackle timely issues like Shemitta, and learn how to take Terumot, Maasrot, and Challah, among other practical applications.

Love of Eretz Yisrael
Rabbi Moshe Lichtman

Learn to love Eretz Yisrael by studying its uniqueness in Halacha, Hashkafa, and Jewish History. Study laws like Shemitta, Terumos & Ma'asros, and strengthen your connection to the Jewish nation's destiny in its Homeland.

Kibud Av V'Em
Mrs. Rita Fuchs

The Fifth Commandment is one of the most important - and sometimes complicated - mitzvos to perform. Learn the halachos, psychology, and reasons behind one of the most crucial mitzvos for a child to achieve.

The Gift of Shabbos
Mrs. Eli Horowitz

IIt is a mitzvah that lies at the foundation of Judaism, yet for many of us, our understanding remains at a rudimentary level. Go through every aspect of these twenty-five hours and revolutionize your Shabbos - and your life.



HASHKAFA

Empowerment through Torah
Rabbi Yoel Lock

Learn how to feel empowered by Jewish religion and thought, instead of feeling hindered by it. Rabbi Lock uses a unique blend of philosophical and kabbalistic sources to highlight the pride we should feel for being Jewish.

Sephardic Wisdom in a Modern World
Rabbi Chaim Levy

View the modern world through the lens of Sephardi Thought. The founder of GoSephardic, Rabbi Levy provides insights into every-day life, using traditional texts of Sephardic literature to guide growth in modern times.

The Journey from Me to You
Mrs. Ali Kor

Learn to assess yourself accurately and appreciate your potential greatness, using the Torah's ancient wisdom from a variety of texts. Delve into practical tools for existing in a relationship - whether a friendship, child-parent relationship, or a marital partnership.



Living Torah
Rabbi Menachem Nissel

Address the basic questions of Judaism with a focus on anchoring the ideas into practical living. Topics include: Why Be Jewish, Free Will, The Uniqueness of the Jewish People, Mashiach, Suffering, Lifecycles, the Nations of the World, and the Purpose of Creation.

Ta'amei HaMitzvos
Mrs. Leah Hasten

Analyze the reasons behind the mitzvot that we do, uncovering the beauty in the actions we may have previously viewed as taxing and burdensome. Transform Mitzvot done by rote into activities filled with inspiration and depth.

Femininity & Judaism
Mrs. Eli Horwitz

It's 2025, and it seems the Jewish attitude towards women has some catching up to do. Or does it? This class goes to the roots of creation, the differences between men and women, and studies how femininity underpines huge areas of a Jewish woman's life and observance.

Sichos Mussar
Rabbi David Zahtz

Sift through classic topics like the power of peer pressure, Emunah in Shidduchim, how Davening works, the proper view of Parnassa, and the Chashivus of Torah Study in this source-heavy, emotional class. Discuss how Chazal's point of view may differ from our own modern sensibilities.

Me, Myself, & God
Mrs. Raquel Kirszenbaum

Who are you? What is your purpose in life? What's the point of a relationship with Hashem? Discover all this, and more, with Mrs. Kirszenbaum's classic effable style. Feed your self-esteem through the intricacies of Jewish thought and ideology..

New Dimensions
Ms. Miriam Brunner

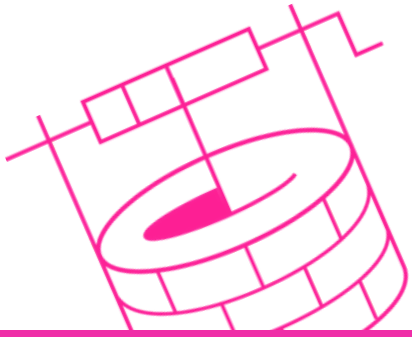
Go deeper into many of Judaism's classic rituals. From Shabbos to Chagim to Challah to Tznius, discover a deeper dimension behind many of the mitzvos and concepts you thought you knew.



Simcha B'Avodah
Rabbi Yaakov Altman

Get an inspiration and energy in your daily Avodas Hashem, and increase your emotional health for your whole life. In this class you will learn many inspiring ideas, "Mitzvah-Hacks," and even very deep and practical tools for a successful marriage.





48 Ways to Wisdom

Rabbi Nechemia Coopersmith

Going through Rabbi Noach Weinberg's classic work, this class delves into 48 essential avenues to achieve success in every facet of your life. Based on Pirkei Avos, Ethics of the Fathers.

Living with Emunah

Mrs. Miriam Frost

Can you imagine a life with no anxiety? No worries? No stress? That can become your new reality. Delve into the fundamentals of Emunah in an interactive and engaging way, with anecdotes, practical tools and techniques on how to live a happy, meaningful, and serene life.

Finding your Answers

Mrs. Ayelet Elnecave

We all have questions in life. Use the Torah to find answers to all the difficult things we might wonder about, like why do bad things happen to good people, why does my religious observance matter, and many other topics.

Pirkei Avot

Rabbi Yossi Fuchs

Dive into an analysis of society, modernity, and tradition, through the brilliant mind of Rabbi Fuchs. Based on the great words of our Sages in Pirkei Avot, this class pulls no punches, discussing any and all topics that the students raise.

Hashkafa through History

Rabbi Mordechai Gershon

Learn how Jewish Philosophy developed throughout the generations. Learn where Minhagim came from, Chassidus and its opposition, the history of the Mussar movement, and more.



Jewish Philosophy
Rabbi YY Wenglin

Encounter Jewish philosophy through the eyes of a Harvard & UCLA Law grad turned Chassid. With his renowned personality, Rabbi Wenglin compares Judaism to other value systems and moral codes.

Rav Gav's Hashkafa
Rav Gav Friedman

What makes Judaism so special? What makes Jews so special? What makes Eretz Yisrael so special? Renowned speaker Rav Gav highlights all the incredible aspects of being born into the Am HaNivchar, the Chosen Nation.

Jewish Mysticism
Rabbi Aba Wagensberg

Learn the basics of what Kabbalah has to say about relationship building, personal growth, and Chassidic Thought. Discuss what it means to be free, what Tikkum Olam really is, and why we should care what Judaism has to say on these topics.





MIDDOS

Words Change Worlds

Rabbi Menachem Salasnik

Cover the Halacha and Hashkafa connected to Shemiras HaLashon and other aspects of this important but often neglected subject. Consider how we ourselves have been burnt in the past by the careless, or possibly even willful, Lashon Hara, and the affect social media has in this area.

Olam HaMiddos

Ms. Adira Kahn

Based off the popular sefer by Rav Don Kestenbaum, this class teaches the students to reflect on their self identity and character. What is the first step in refining our character traits? How do we build our self-worth without becoming haughty? Answer these and so many other vital questions.

Social Ethics

Rabbi Chaim Weinblatt

Too often, societal norms seem to go against Jewish ethics. How do we interact with the world around us? How do we know when to defer to societal norms, versus when it's time to stand up for Jewish values? Discuss all this and more in this thought-provoking class.

Using Shabbat to Perfect my Middot

Rabbi Sinai Yakobian

Shabbat is so much more than a day of rest. Learn the basic lessons of the Shabbat traditions, lessons, and customs, and how they are supposed to teach us how to improve ourselves and our character.

Breakthrough
Ms. Devorah Sisso

Learn how to channel your struggles and mistakes into powerful lessons to transform your character and anchor your self-esteem.

Mastering Life
Rabbi Dov Ber Cohen

How do you know Judaism is right? That's the overarching quesiton that plagued R' Dov Ber as he treked through six years of mediation, yoga, and the martial arts of the East. In this powerful class, learn what made him realize that Judaism is the true religion, with personal stories and anecdotes.

Chovas HaTalmidim
Mrs. Danielle Forman

Go through the incredibly powerful Sefer from Rav Kalonimus Kalman Shapira, the Piaseczna Rebbe, and learn its secrets to self-development and its ethical guide to our complex life.

Aish Kodesh
Mrs. Datya Kahan

Grapple with the horrors of the Holocaust through this incredibly powerful Sefer, written by the Piaseczna Rebbe. Confront themes like Hester Panim, Emunah and Bitachon in hard times, and powerful messages that hit home the hardest.

Mesillas Yesharim
Rabbi Chaim Weinblatt

Delve into the classic text of The Path of the Just to learn its deep, eternal messages. The depth of the Ramchal's words echo true today, just as it did over 300 years ago.



MUSSAR

EXTRACURRICULARS

Art & Torah

Mrs. Leah Lewin

Explore different topics in Judaism culled from the Jewish calendar, Chumash and the Jewish approach to personal growth. Relax to the musical background, tap into your innate creativity through art and discover a unique part of YOU!

Ulpan

Mrs. Techiya Neves

Learn to speak Hebrew like an Israeli! Familiarize yourself with Hebrew grammar, slang, and literature. Pretty soon you'll be speaking like a native!

Creative Writing

Mrs. Batya Ruddell

Express yourself through writing prompts related to Torah, Judaism, and life in general. Learn techniques to improve your writing skills, and share your writing with your peers.

Art of the Soul

Mrs. Adina Katz

Create artwork in a variety of materials and methods, and learn to identify individual inner strengths by seeing the parallels between your artwork and spiritual processes and concepts. Because being a Jew is a work of art!



AND MORE...

WE CAN'T WAIT TO MEET YOU!























